



ExcEL for Women: Total Presence, Resilience, & Well-being Virtual Experience – November 5-6, 2020

KICK-OFF ENGAGEMENT - FRIDAY, OCTOBER 23 (Eastern Time)

- 3:00 p.m. Registration and Tech Check-in**
- 3:15 p.m. Welcome, Introductions, & Overview**
Dr. N. Karl Haden, Founder and President, AAL
Dr. Felicia Tucker-Lively, Vice President, AAL
- 3:30 p.m. Meet & Greet**
- 4:00 p.m. Guest Speaker – Leadership Message**
Dr. Lisa Cain, Professor, Department of Diagnostic and Biomedical Sciences,
Associate Dean for Professional Development and Faculty Affairs, The
University of Texas Health Science Center at Houston School of Dentistry
- 4:20 p.m. 3 C's Reflection (Clarity, Commitment, & Charge)**
- 4:45 p.m. Q&A and Remarks**
- 5:00 p.m. Adjourn**
- 5:00 - 6:00 p.m. Optional: One-on-one Coaching Opportunities**

DAY 1 - THURSDAY, NOVEMBER 5 (Eastern Time)

- 1:00 - 2:00 p.m. Optional: One-on-one Coaching Opportunities**
- 2:00 p.m. Tech Check-in**
- 2:15 p.m. Opening Remarks**
- 2:20 p.m. Engagement Activity**
- 2:25 p.m. Session 1 Prioritized Leader**
Dr. Felicia Tucker-Lively
- 3:20 p.m. Engagement Activity**

- 3:25 p.m.** **Session 2 Panel Discussion - What I Wish I Had Known**
Tackling Inequalities and Microaggressions
 Dr. Madhusmita Behera, Director, Winship Research Informatics; Director of IT/ Research Information; Associate Director of Research, Department of Hematology and Medical Oncology, Winship Cancer Institute of Emory University
 Dr. Judy Greenlea Taylor, Dental Director, CareSource; President, Greenlea Dental Center
 Dr. Tawana Lee Ware, Assistant Professor of Pediatric Dentistry, Indiana University School of Dentistry
 Prof. Pamela Zarkowski, Provost and Vice President for Academic Affairs, University of Detroit Mercy
- 4:20 p.m.** **Wrap-up**
- 4:30 p.m.** **Adjourn**
- 4:30 - 6:00 p.m.** **Optional: One-on-one Coaching Opportunities**

DAY 2 - FRIDAY, NOVEMBER 6 (Eastern Time)

- 11:00 - 12:30 p.m.** **Optional: One-on-one Coaching Opportunities**
- 12:30 p.m.** **Tech Check-in**
- 12:45 p.m.** **Announcements**
- 12:50 p.m.** **Session 3 Resilience: A Shift in Mindset**
 Dr. Marcia M. Ditmyer, Associate Dean for Academic Affairs, Assessment, and Instruction and Professor in Residence with Emeritus, University of Nevada, Las Vegas (UNLV)
- 1:45 p.m.** **Break**
- 1:55 p.m.** **Engagement Activity**
- 2:00 p.m.** **Session 4 Conquer Your Inner Critic**
 Dr. Marcia M. Ditmyer
- 2:55 p.m.** **Break**
- 3:05 p.m.** **Session 5 Action Planning and Reflective Development**
 Dr. Marcia M. Ditmyer
 Dr. Felicia Tucker-Lively
- 4:00 p.m.** **Collaborative Learning & Strategies**
- 4:20 p.m.** **Concluding Q&A & Closing Remarks**
- 4:30 p.m.** **Adjourn**